At Springboard Menus, we support PTAs with a new and practical fundraising opportunity, while bringing parents a simple solution to the age-old question:

“What’s for dinner tonight?”

With Parent Teacher Associations in mind, Springboard Menus Founder and CEO, Rebecca Blood knows firsthand how difficult juggling parental duties can be. When friends and families repeatedly complained about not knowing what to fix for dinner, she could relate. Her solution? Springboard Menus. Springboard Menus provides subscribers with weekly menus, recipes, and shopping lists for $5.00 a month, with 20% going to the PTA.

“Everyone knows that planning menus in advance will streamline your meal preparation, but it’s so hard to find the time,” she says.

Juggling nutritional needs for variety, balance, and seasonality with your family’s preferences can seem impossible. Now, Springboard Menus is here to help. It provides families with menus for seasonally appropriate meals made from familiar foods that parents can use as is, or as springboards to tweak. These menus, complete with recipes (unless you prefer your own) and shopping lists, take menu planning from hours to minutes, so parents can reclaim their brainspace for the most important thing in life: Their family.

Questions? Email Rebecca at info@springboardmenus.com

Springboard Menus
Meal planning done for you.
www.springboardmenus.com

April 4-10 Menus

Sunday
--Meatloaf
--Garlic Mashed Potatoes
--Carrots Vichy
--Banana Snack Cake

Monday
--Chicken Tenders
--Garlic Mashed Potatoes (leftover from last night) --
--Steamed Green Beans
--Apple Slices

Tuesday
--Cheese Quesadillas
--Refried Beans
--Shredded Carrot Salad
--Banana Snack Cake (from Sunday)

Wednesday
--Pasta with tomato sauce
--Green Salad with Red Wine Vinaigrette
--French Bread (optional)
--Grapes

Thursday
--Pork Stifado